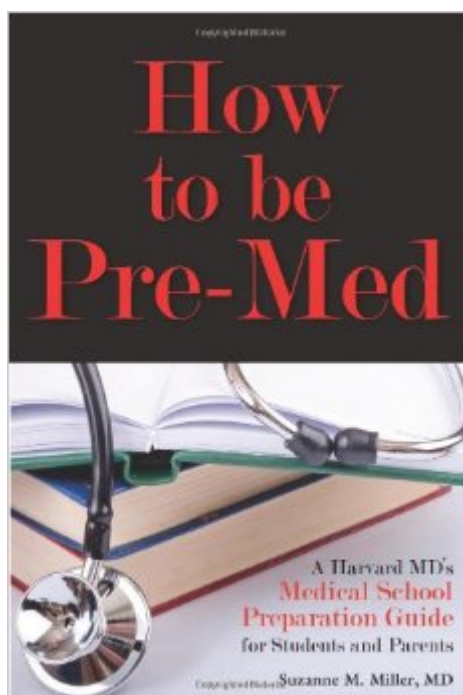


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# How To Be Pre-Med: A Harvard MD's Medical School Preparation Guide For Students And Parents



## Synopsis

How To Be Pre-Med assists high school, college, and non-traditional students interested in becoming physicians by describing the pre-med route from start to finish using the Six Buckets model Dr. Miller developed through over a decade of medical school admissions advising. This guide is equally helpful to those hoping to pursue a medical career and to loved ones, such as parents, spouses, relatives, and friends, supporting a pre-med. Dr. Miller created How to be Pre-Med to serve as a prequel to the best-selling *The Medical School Admissions Guide: A Harvard MD's Week-by-Week Admissions Handbook* because readers frequently provided feedback wishing they had received similar expert guidance sooner in the pre-med process. How To Be Pre-Med covers all information required to excel as a pre-med and prepare for the medical school application process. I suggest you read this book as soon as you decide to pursue the pre-med path to help strategize selection of undergraduate or post-baccalaureate experiences. Then return to it each year to assess how you are filling up the Six Buckets. Once you have decided to apply to medical school, pick up the latest edition of *The Medical School Admissions Guide* and follow the weekly steps required to create the best application possible to maximize your chances of admission.

## Book Information

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## Customer Reviews

It is rare when an expert will write a book that outlines a clear roadmap to success in any field, but Dr. Suzanne Miller has done just that in "How to Be Pre-Med." Dr. Miller studied at Harvard College, and was admitted to Harvard Medical School. Part of her experience at Harvard Medical School

consisted in helping Harvard undergraduates with the medical school admissions process. She is clearly an expert, and has used her considerable expertise to start a business helping students gain admission to medical schools nationwide, and to write this excellent book. This book is highly recommended guide for teachers, guidance counselors, parents, prospective pre-meds to get a feel for this arduous process before they get deeply invested in classes (and money), and for those who are sure from the start they want to be physicians. I thought Suzanne Miller's book was not only very helpful, but also interesting. The method she has developed (the "Six Buckets" method) definitely sets out a clear path to being accepted to medical school. The Six Buckets are Academics, Research, Community Service, Extracurriculars, Clinical Experience, and Application Skills. Dr. Miller sets out specific guidelines that should be followed for each Bucket, even giving examples of activities that could fall under each category and suggesting ways to get involved in each category. Each chapter busts certain myths about the pre-med process and application, such as different ideas about GPA and clinical experience. Beyond helping with the smaller details, Dr. Miller goes through her ideas about what your application and profile should look like overall. She gives lists and statistics of US medical schools which can help you to decide where to apply or help motivate you to get into a certain school.

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